

Dates to Remember

12 Feb	Sports, Music & Class Captains badge presentation
16 Feb	P-3 Bravehearts visit FSS
19 Feb	Life Ed commences
27 Feb-2 Mar	Yr 6 Camp
20 & 21 Mar	School Photo Days
29 Mar	End of Term 1
17 April	Start of Term 2
17 April	Prep enrolments for 2019
25 April	ANZAC DAY holiday

Useful Contacts

ABSENCES: ☎ 4058 9260
absences@freshwaterss.eq.edu.au

OFFICE HOURS: 8:15am - 3:30pm

GENERIC EMAIL:
principal@freshwaterss.eq.edu.au

NEWSLETTER EMAIL:
newsletter@freshwaterss.eq.edu.au

UNIFORM SHOP HOURS:
Tuesday & Thursday 8:30 – 9am

OUTSIDE SCHOOL HOURS CARE:
☎ 4058 0252
oshckids@bigpond.net.au

FRESHWATER P&C OFFICE:
☎ 4055 2946
freshwaterpandc@bigpond.com

SCHOOL DENTAL CLINIC:
☎ 1300 300 850

SCHOOLWATCH:
☎ 13 17 88

From the Principal's Notebook

Settling in to Routine!

By now all students from Prep to Year 6 have settled in to their classes for Term 1 of 2018. What our teachers do exceptionally well, is to ensure that these classroom routines and expectations are established early. Every day in our classrooms our teachers are explicitly teaching the fundamental elements of the Australian Curriculum. Each term our teachers moderate our assessment pieces to ensure the most accurate results are allocated to tasks utilising



the Guide to Making Judgments (GTMJ). A strong focus this year has been established to support the key Standards of Practice (SOP) across both English and Maths blocks. This has been collaboratively developed to maintain consistency of delivery across all classrooms. I am confident that your children are in great hands, as we have a very capable teaching and support team.

At Freshwater State School we are continually striving to ensure that the best education in the most supportive learning environment is established. Positive student perception of our school is vital. I want all our students to have fun and love being here. Giving students the opportunity to reflect on this is very important. Please take the time to regularly engage with your child about their learning and their time at school. I often hear parents/ carers asking their children, *what did you learn today?* The most common answer is 'nothing'. I can assure you, that this is not the case. To support a more extended response, try the following:

- What made you smile today?
- What was your favourite moment?
- Who did you play with at lunchtime?
- Did anything make you sad and what can you do to cheer up?
- What was something that was difficult and how did you overcome it?

This open ended approach may just get a deeper reflection than... 'nothing'. Enjoy your week. Thanks for your support. Please provide any feedback around school improvement to the principal@freshwaterss@eq.edu.au
Yours in learning,
Dan Hollis, Principal

OUR P&C PARTICIPATES IN COLES 'SPORTS FOR SCHOOLS' PROGRAM

On behalf of Freshwater State School our P&C will be participating in the Sports for Schools program being run by Coles. Every \$10 spent at Coles supermarket during the program will earn a Coles Sports for Schools voucher. The more vouchers our school collects, the more gear we could receive. Please take your vouchers to the **P&C Office** and post them in the box provided.



Principal: Mr Dan Hollis **Deputy Principals:** Miss Martina Leiter, Miss Louise Jappe
Business Manager: Mrs Robyn Balchin
Administration Officers: Mrs Jean Duncan, Mrs Kathy Smyth, Ms Amanda Glaspay
Guidance Officer: Maryann Berlin – (Mon, Tues & Thurs) Ph: 4058 9201

CONGRATULATIONS CAPTAINS

Introducing our Sports Captains for 2018.

Crocs Captains <i>Aisha Clark & Ben Emeleus</i>	Crocs Vice Captains Chloe Blenkinsop & Trinity Swensen
Eagles Captains <i>Vali Hennessy & Sam Breckenridge</i>	Eagles Vice Captains Catherine Bell & Zac Byrne
Marlins Captains <i>Aryan Barnes & Tom Cassell</i>	Marlins Vice Captains Bobbie Foord & Lara Pennell
Taipans Captains <i>Stevie Moore & Hayden Ham</i>	Taipans Vice Captains Lily Corbett & Ike Martinez

Introducing our Class Captains for 2018.

Year 4					
Jax Proberts	4AH	Jack McCarthy	4NSW	Lochlan Norris	4SSW
Jessica Pfitzner	4SM	Kingston Shadforth Fosio	4SC		

Year 5					
Soraya Nowak & Sydney Richter	5JH	Mitchell Fulwood	5BW	Georgia Wyatt & Kyte Gatti	5AH
Brieanna Wild & Charlotte Farrell	5LD				

Year 6					
Aryan Barnes	6JPM	To be confirmed	6NM	Jonathan Maxwell	6NLM
Isabelle Ince	6NT				

Introducing our Instrumental Music Captains for 2018.

String Captain <i>Kiko Harges</i>	Band Captain <i>Ike Martinez</i>
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FRESHIE CAFÉ NEWS

Hello everyone,

We would like to say a big THANK YOU to Junko Love and Michelle Prince for volunteering in the cafe over the past couple of weeks.

Treat of the fortnight:

COCONUT BISCUITS 3 for \$1.00

Have a great week and happy caféing

The Cafe Team

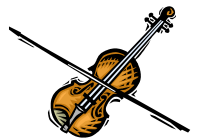
BAND REHEARSAL CHANGE FOR 2018

Please be advised that Band rehearsals for 2018 have moved to **Wednesdays at 7:50am** in the Music Room. This change will commence immediately with our first band rehearsal scheduled for this week, February 14th.

Jason Fox, Instrumental Music Teacher

STRINGS NEWS

Students in the Strings program for 2018 require the workbook "**Sound Innovations for String Orchestra**". This can be purchased at any local music store in Cairns.



BEGINNER STRINGS LESSONS

There are vacancies in the Beginner Strings program. If your child/ren are interested in learning a stringed instrument (Viola, Violin, Bass, Double Bass or Cello) please contact Mr Frank Bray via email fbray1@eq.edu.au



LOVE TO SING?

Choir has begun on Wednesdays in the Music Room with Mrs Paraha. Year 4 - 6 students are invited to attend. Expression of interest notes can be picked up from the office or from Mrs Paraha.



DID YOU KNOW?

Did you know? Our school has a Facebook page! Please like and follow "Freshwater State School" on Facebook and be kept up to date with the latest news from around our school!

HEAD LICE VIGILANCE

We have a couple of classes under attack from dreaded Head Lice. Please, please constantly check and treat your child's hair for these pests. After initial treatment, check daily using conditioner and a lice comb for at least a week. Up-to-date information is available at the Qld Health website www.health.qld.gov.au/headlice

JAPANESE NEWS

In Week 3 we welcomed our first Japanese Assistant Teacher, Wakui Sensei. Please say a friendly "Konnichiwa" to him when you see him around the school this month. He will be staying with us for 3 weeks.

Japan has a land area of about 380,000 km² and supports a population of 127 million people! 67% of the land is covered with forests, while farmland accounts for around 13%, making this a country with quite a lot of greenery. Cities are very crowded and homes and gardens are very small and expensive. The capital city of Japan is Tokyo. This is a massive city with a population of approximately 13.6 million people. It's wonderful to hear of so many families travelling to or having travelled to Japan recently! It's quite a popular holiday destination.

February 14th – Barentainzu Dei – Valentines Day. On this day in Japan only girls give presents to the boys they like (including their fathers and teachers). One month later on the 14th March – White Day – the boys give the presents to any females they like.

HOST FAMILIES WANTED!

Mrs Fulwood is now looking for suitable applicants to host her Japanese assistant teacher this year. Please see his details below and if you think your family would be suitable as a host family, please send her an email at akhal@eq.edu.au asap.

NB All host family homes will need to be inspected by Mrs Fulwood prior to the arrival of the assistant teacher to ensure suitability. Assistant teachers are required to be at school each day by 8:30am and will be able to leave at 2:50pm. The assistant teachers may or may not work at FSS on Fridays. A fee of \$150/per week for long stay assistant. This fee includes 3 meals per day.

Mr Hirooka will be staying in Cairns for two terms however families may choose to host him for only one term. Accommodation requirements over the school holidays will be negotiated with the host family.

Mr Ginga HIROOKA, 20 years old Duration: From Term 2 (Saturday 28th April in 2018) for 2 terms

BRAVEHEARTS 'THE DITTO SHOW' - 16th February at 1:30pm

On Friday 16th February at 1:30pm, your child will have the opportunity to experience our Personal Safety Education Program "The Ditto Show". Bravehearts are extremely proud of this program and believe that by providing children with the basic principles of personal safety, we are providing them with the tools to stay safe.

Just as teaching children the road rules cannot guarantee our children's safety on the roads, no program can guarantee to 'abuse-proof' our children. But, by teaching them the principles of personal safety we are giving them the knowledge they need to stay safe and know what to do if anything does happen.

The show runs for 35 minutes. Our program has been delivered throughout other states in Australia since 2006 empowering over 300,000 children.

"Ditto", the Bravehearts' mascot comes to life as the star of Ditto's Keep Safe Adventure Education Program to ensure the program is delivered in a fun, interactive and engaging manner.

The findings of an independent evaluation suggest that the delivery of the principles embedded in this program can reduce the prevalence of not only child sexual assault, but also other forms of abuse including family violence and bullying, in a range of settings.

The cost of the performance is free, however a gold coin donation will ensure the continuation and expansion of the program throughout Australia. If you do not wish for your child to attend the show please notify the school.

PARENTS WELCOME!



STUDENT OF THE WEEK AWARDS

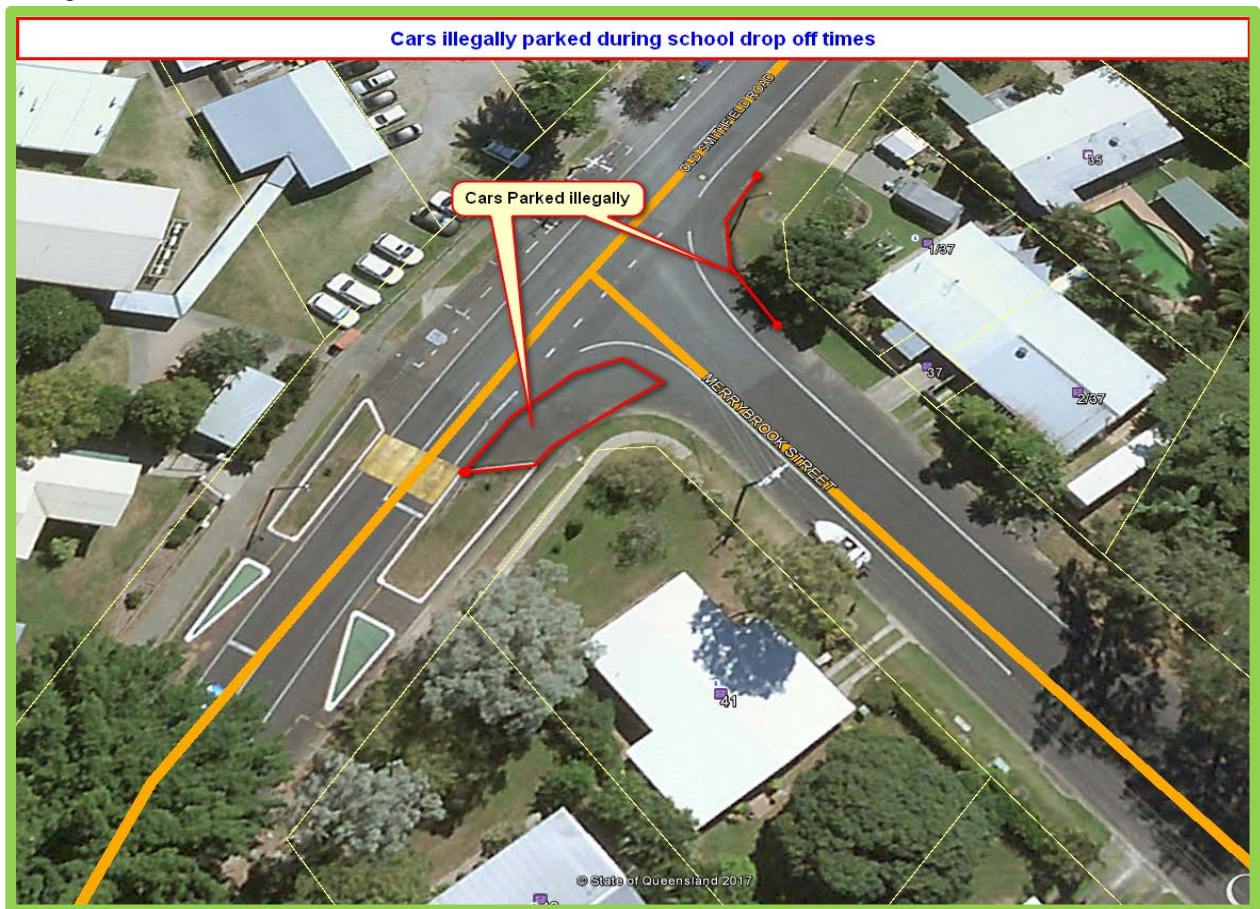
WEEK 3				WEEK 4			
PGW	SASHA L	PJS	TAHLAY W	PGW	CHASE D	PJS	HEATH K
PRD	TRISTAN KS	PTE	CHARLI P	PRD	JWUAN-DRE F	PTE	PATRICK W
1ADS	ISABELLA R	1EB	EMILY H	1EB	TYE H	1KD	KOBY C
1KDD	JACK P	1KD	EMILY K	1KDD	ADITI H	2AY	RUBY P
2AY	JAMES C	2KD	MEX R	2KD	JOSHUA C	2KW	MAXIMUS M
2KW	ABBAY M	2TDW	BANJO Y	2TDW	EMILY D	2/3SW	ACACIA C
2/3SW	ZACHARY G	3AM	BEN C	3AM	SCARLETT S	3CG	ELI S
3CG	MATILDA N	3RO	JONAH M	3RO	NAOMI B	3SM	TASMA C
3SB	CHARLIE C	4AH	LUCAS H	4AH	LUCY B	4NSW	BILLIE P
4NSW	TY N	4SC	SAMUEL G	4SC	EMILY M	4SM	BROCK H
4SM	LILY W	4SSW	ETHAN L	4SSW	JADA M	5AH	ROSS B
5AH	KATHERINE M	5BW	SARAH B	5BW	SIENNA S	5JH	VICTORIA T
5JH	BONDI M	5LD	LILY-ANNE S	5LD	TATSUMI SG	6JPM	CHLOE B
6JPM	RACHAEL H	6NLM	BEN E	6NLM	TOBY B	6NB	MATTHEW N
6NB	CONNOR B	6NT	XAVIER H	6NT	LARA P	MUSIC	3CG
MUSIC	6JPM	PE	HOLLY A – 4SM	PE	KASEY R – 5LD	JAPANESE	KELSEY S – 6NLM
JAPANESE	JACOB M – 4SSW						

Congratulations



ILLEGAL PARKING AROUND THE SCHOOL

We have been contacted by the Cairns Regional Council following complaints from our local residents about parking at drop off and pick up times. Of particular concern is approaching **Merrybrook St**, please refer to the photo below which highlights the problem area. Please ensure that you do not leave your vehicle in zones that are not designated for legal parking.



NETFUN PROGRAM – Come & Try Netball

When: Commenced Wk 3 of Term 1 to Wk 9 on Wednesday from 3-4pm

Where: Freshwater State School Canopy

Cairns Netball's School based NetFun program is designed for boys and girls aged 5-10years. The program offers an opportunity for children to increase their skills in a friendly and fun environment.

Cost: \$90 with a Cairns Netball Pack or \$60 with pack. Cost includes insurance, netball, bag, water bottle & visor

Bring: Suitable clothing (t-shirt with sleeves), joggers, hat, ball (provided in kit), water bottle and sunscreen

To register: email netsetgo@cairnsmnetball.net.au or visit www.cairnsmnetball.net.au

CAIRNS HIGH YEAR 6 INTO 7 IN 2019

Cairns State High School Enrolment Information night will be held on Wednesday 28th February 2018 for those interested families.

LIFE EDUCATION IS COMING TO FSS

The Life Education Team and Harold the Giraffe will be visiting our school on Monday 19th February to Wednesday 7th March. Teachers will take their classes to the Life Education Van based in the school grounds for a session of approximately 60 – 90 mins.

Parents/Carers are welcome to come and learn what Life Education is all about. There will be a FREE Life Education parent information session on Monday 19th February at 2pm, in the Life Education van. Please inform the school office of your intention to attend on 4058 9222.

Continued over page



WHAT IS LIFE EDUCATION?

Life Education motivates and empowers young people to make smart life choices for a healthy future.

MODULE: 'MY BODY MATTERS' – PREP

Harold and his new friends, Boots and Red, want to look their best for photo day at school, but things don't always go to plan. Students look at the importance of personal hygiene, choosing foods for a healthy balanced diet, the benefits of physical activity, sleep and ways to keep safe at home; school and in the community.

MODULE: 'READY, STEADY GO' - YEAR 1

Harold and his friends are ready for their big race at the school athletics carnival. Or are they? When one member of their relay team doesn't show up, what will they do? They look at the benefits of physical activity, safety strategies in different environments, identifying how our body reacts in new situations and what our body needs to be healthy including nutrition, water and sleep.

MODULE: 'GROWING GOOD FRIENDS' – YEAR 2

Harold battles to figure out what to give his grandma for her birthday, until his friends; Boots and Red step in and offer some good ideas. They explore what health messages mean, how to identify safety signs and students also explore how to recognize how physical activity and nutrition contribute to a healthy lifestyle. They also explore how positive relationships benefit our health and wellbeing.

MODULE: 'HAROLD'S DIARY' – YEAR 3 + 2/3SW

Harold offers to share with the class his diary entries about one week at school. Children are provided with the opportunity to explore relationships and friendships, influences on food choices, benefits of physical activity and the definition of a drug.

MODULE: 'ALL SYSTEMS GO' – YEAR 4

Inside a futuristic machine 'The Venture', the Captain and his crew take the class on a tour of the human body. Travelling through the blood, students explore the functions of various body parts and how magnificent the human body really is. The students discuss issues and engage in activities centered on peer pressure, second hand smoking, safety with medicines, factors that influence the function of body systems.

MODULE: 'bCYBERWISE' – YEAR 5

The Children explore 'netiquette'; (Internet etiquette) and Cyber safety issues through discussion and fun interactive activities. They explore how to establish positive respectful relationships and to report negative experiences to a responsible adult that they trust.

MODULE: 'ON THE CASE' - YEAR 5

The class identify ways nicotine adversely influences physical and social development. Students also identify high risk situations and develop strategies to deal with the influences and pressures to smoke.

MODULE: 'DECISIONS' – YEAR 6

Students clarify the definition of a drug; explore risks associated with the use of legal drugs and the short and long term consequences of misuse. They examine the decision-making process, and develop strategies for dealing with pressure situations including digital media.



Positive Behaviour Focus - Week 3 & 4:

Expectation: "Be Safe – Keep Hands & Feet to Ourselves"

From the 'Positive Behaviour for Learning' team

General Notices

TYC Drama Classes for 5yrs+

Looking for engaging, creative and educational after-school activities? Then come and tread the boards at The Young Company Theatre this term with classes in Acting, Musical Theatre, Film and TV, Impro, Creative Writing and much more! Your young performer will discover their electrifying creative abilities, super charged social confidence and magnetic idea generation skills as they are nurtured through our powerful youth theatre framework. For more information phone 40414066, email admin@theyoungcompany.com.au, visit our website www.theyoungcompany.com.au, visit us at 169 Bunda St, Cairns City. Classes across the Cairns region.

NORTHERN BEACHES PARISH 2018 CATHOLIC SACRAMENTAL PROGRAM CONFIRMATION & FIRST HOLY COMMUNION

Parent Information Meeting Thursday 15th March, 6pm at Holy Cross Church, Reed Rd, Trinity Park. (Parents of kids in Yr 4 & over who have received their First Reconciliation.) If your child is not Baptised or has not received First Reconciliation, please contact Theresa Jankowski, State School RI Coordinator.
E: mjankowski@cairns.catholic.org.au Mobile: 0418 184 800

CAIRNS REDS BASEBALL

Teams in all jnr & snr age groups welcome. Beginners welcome.
Where: Walker Rd Sporting Precinct, Edmonton
www.cairnsreds.com www.facebook.com/CairnsReds/
cairnsredsbaseball@gmail.com

REDLYNCH CYCLONES SOCCER REGISTRATIONS WELCOME

How: Register www.myfootballclub.com.au or www.redlynchsoccer.org.au
Where: Cyclones Football Club, next to Freshwater Christian College
Girls also welcome to register

CAIRNS NETBALL CARNIVAL

When: Jnrs Tuesday nights for 4wks commencing Feb 20th
Snrs Wednesday nights fro 4wks commencing Feb 21st
Cost: \$5 per player per wk
Contact: admin@cairnsnetball.net.au

CAIRNS BMX FREE COME N TRY DAY

When: Sunday 18th Feb from 9am to 12pm
Where: Scott St, Cairns next to Showgrounds
Bring: Bike, full face helmet, gloves, fully enclosed shoes, long pants, long sleeved shirt. Club has some equipment to loan on the day
Contact: 4031 2728 or registrar@cairnsbmx.org.au

JUTE THEATRE

Calling all keen beans! 2018 is your time to shine! Enrol now for our theatre making classes starting Feb 7th. Free trial lesson. All enrolments receive free tickets to all mainstage JUTE shows in 2018. Follow the link <http://jute.com.au/theatre-school/> to start your journey onto the stage today.

CAIRNS CUBS BASEBALL CLUB COME & TRY DAY

When: Saturday 17/02/18 - 9am-1pm
Where: Loridan Dr Junior Sporting Res (field next to tennis court & bike jumps) Brinsmead Rd, Off Western Arterial Road, Brinsmead
Contact: Email: cairns Cubs@gmail.com Phone: Claudia - 0417 609 936

CAIRNS CHILDREN'S FESTIVAL 2018 - screenPLAY

Kids who love filmmaking and want to take their little careers to the next level can enter a film into screenPLAY and have their films shown on the BIGSCREEN at the 2018 Cairns Children's Festival on Sunday May 20
Let your imagination run wild! Is your story scary or funny, serious or true, is it about music or is it about somebody or something special in your life?

Rules:

Filmmakers must be 12yrs or under (films can be created by individuals or groups)
Music used within the film must abide by all copyright laws
Films must be no longer than 5 mins including titles and credits
Films can be submitted as either a downloadable Vimeo link (720p or 1080p) - or delivered as mov or mp4 files on a USB to the Cairns Botanic Gardens Visitor Centre
Films must be submitted with an application form
Please submit form either in person to the Botanic Gardens Visitor Centre or by email to cairnschildrensfestival@cairns.qld.gov.au.

MARLIN COAST ATHLETICS CLUB COME & TRY DAY/ SIGN ON DAY

When: Sunday March 11th from 8:45
Where: Smithfield High School Oval, O'Brien Road.
Who: Age 5 and up. One Free trial for all newcomers!
Contact: Jenny 0410 601 436

CAIRNS ATHLETICS SIGN ON/INFO DAY

When: Sunday 25th February from 10am to 3pm
Where: Conference Room, Barlow Park
Who: Ages 4 yrs to Masters
Online registration available from Monday 5th February. New members welcome
More information can be found on the website or by emailing: enquiriescairnsathletics@gmail.com
www.cairnsathletics.org.au

CAIRNS STRING ORCHESTRA FREE 'COME & TRY DAY'

When: Wednesday 14th Feb from 4pm to 5:30pm. **No auditions necessary**
Where: Cairns Jnr Eisteddfod Hall, 67 Greenslopes St, Edge Hill
Cost: \$60 per child per term. Discounts to families with more than 1 child participating
Contact: cairnsstringorchestra@gmail.com

BARRON RIVER 2018 10-12 Years School Sport

Please see your school's sports coordinator for further information, including nomination paperwork.

RUGBY LEAGUE

2006/2007 only

Friday February 16 & 23
4:00-5:00pm
Redlynch Razorbacks JRL

AFL

Wednesday February 21 & 28
3:30-4:30pm
Redlynch State College

NETBALL

Wednesday February 21 & 28
3:30-4:30pm
Redlynch State College

BASKETBALL

+ HOCKEY
BOYS AND GIRLS

COMING SOON

Our Barron River 10-12 Years School Sport Schools:

Cairns Hinterland Steiner School - Caravonica SS - Freshwater SS - Holy Cross School - Kuranda District College - Machans Beach SS - Peace Lutheran College - Redlynch State College - St Andrew's Catholic College - Smithfield SHS - Trinity Beach SS - Yorkey's Knob SS

Open to all students born in 2006, 2007 and 2008 except where specified. Students and Parents are reminded to check with their schools' sport coordinators to ensure correct school, district and paperwork procedures are followed. Remember:

NO FORMS, NO SIGNATURE, NO PLAY

Barron River 10-12 Years School Sport Secretary - jpont8@eq.edu.au