



Freshie Café Menu 2020

Phone: 4058 9252
Open 8.15am – 11.25am & 1.00pm – 1.25pm (Tue to Fri)



Ordering is preferable online with Flexischools : www.flexischools.com.au or in a paper bag with correct money clearly marked. All orders must be placed by 9.00am (If after this time limited items will be available.

If your child forgets lunch they will be supplied a sandwich & 1 piece of fruit & poppa at parents expense

HOT FOOD:

Cheese Burger (beef,cheese tom sauce)	\$4.50
Chicken Burger (chicken, lettuce, mayo)	\$4.50
Spaghetti Bolognese	\$4.00
Macaroni Cheese	\$4.00
Mexican Beef Burritos	\$4.00
BLT Toasted Sandwich	\$4.00
Jaffles (baked beans or spaghetti)	\$4.00
Corn on the Cob	\$1.00
Garlic Bread	\$1.00

SANDWICHES & WRAPS:

	Sandwich	Wrap
Vegemite/Jam/Honey	\$2.50	\$3.00
Ham	\$2.50	\$3.00
Ham + Salad	\$4.50	\$5.00
Chicken	\$3.00	\$3.50
Chicken + Salad	\$4.50	\$5.00
Egg + Lettuce	\$3.50	\$4.00
Cheese	\$2.50	\$3.00
Tuna + Mayo	\$3.50	\$4.00

Salad is lettuce, tomato, cucumber and carrot

TOASTIES:

Cheese	\$3.50
Cheese +Tomato	\$4.00
Ham + Cheese	\$4.50
Chicken + Cheese	\$4.50

NOURISH BOWLS:

Mixed Lettuce, Cucumber, Carrot, Tomato & Snowpeas	\$5.00
Dressing: Balsamic or Italian	Included
Chicken, Tuna, Ham, Cheese, Egg	\$1.00 each

SALADS:

Chicken Ceasar Salad	Regular	\$6.00
	Large	\$9.00

FRUIT:

Pineapple Hula Hoops (frozen)	\$0.20
Orange Smiley (frozen orange)	\$0.20
Fresh or Frozen Green Grapes	\$0.50
Fruit 1 x apple, orange or banana	\$1.00
Fruit Salad Cup	\$2.00

BREAKFAST:

1 piece of toast with vegemite or jam	\$1.00
Cheese on toast (1 piece)	\$1.50
Fruit (seasonal)	\$1.00

DRINKS:

Chocolate or Strawberry Milk	\$2.50
Plain Milk (cup)	\$1.00
Juice Popper	\$2.00
Bottled Water	\$2.00

SNACKS:

Popcorn	\$0.50
Crackers & Cheese	\$2.00
Lucky Dip Sweet Treat	\$1.00
Snack Pie	\$2.00
Sausage Roll	\$3.00
Boiled Egg	\$1.00
Snack Pack	\$3.50
cherry toms, egg, cucumber, cheese, crackers	

MEAL DEALS

Parents Day Off:

Jaffle, fruit & poppa	\$6.50
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Freshie Happy Meal:

Cheese Burger, fruit & flav milk	\$6.50
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The Italian Feast:

Spaghetti Bol, garlic bread & poppa	\$6.50
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Volunteers are always welcome
Pop in anytime 😊 We need your help to make the tuckshop a success and provide a service to the students

Prices subject to change anytime without notice