

Freshie Tuckshop Menu

Open from 8am – 1.30pm everyday

Contact: Sara Ph: 40 589 252

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COFFEE Available from 8am daily

Starting from \$4 with your own mug
Kids Warm Chocolate \$4.50

Ordering is preferable online with Flexischools : www.flexischools.com.au or in a **PAPER BAG** with correct money clearly marked. All orders must be placed by 9.00am (If after this time limited items may be available)

* If your child forgets lunch they will be supplied a sandwich, a piece of fruit & poppa at parents expense *

HOT FOOD:

Cheese Burger (beef,cheese tom sauce)	\$5.50
Chicken Burger (chicken, lettuce, mayo)	\$5.50
Meatball Sub (meat balls in tom sauce)	\$5.50
Bacon, Egg & tomato sauce Jaffle	\$5.00
Spaghetti Bolognaise	\$5.00
Mexican Beef Burrito	\$5.00
Chicken Teriyaki & Rice	\$5.00
Jaffles (baked beans or spaghetti)	\$4.50
Corn on the Cob	\$1.10
Garlic Bread	\$1.60

SANDWICHES & WRAPS:

	<u>Sandwich</u>	<u>Wrap</u>
Vegemite/Jam/Honey	\$2.70	\$3.20
Ham	\$2.70	\$3.20
Ham + Salad	\$4.50	\$5.00
Chicken	\$3.20	\$3.70
Chicken + Salad	\$4.50	\$5.00
Egg + Lettuce	\$4.00	\$4.50
Cheese	\$2.70	\$3.20
Tuna + Mayo	\$4.00	\$4.50

* Salad is lettuce, tomato, cucumber & carrot *

TOASTIES:

Cheese	\$3.50
Ham & Cheese Pocket	\$3.50
Cheese +Tomato	\$4.50
BLT Toasted Sandwich	\$4.70
Ham + Cheese	\$4.70
Chicken + Cheese	\$4.70

GLUTEN FREE – Bread or Wrap available \$1.20 extra

NOURISH BOWLS:

Lettuce, Cucumber, Carrot & Tomato	
Dressing: Balsamic or Italian	\$5.50
Add: Chicken,Tuna,Ham, Cheese or Egg	\$1.20ea

SALADS:

Chicken Caesar Salad	Reg	\$7.00
Chick, lettuce, bacon, parmesan, egg, crouton, caesar dress	Lg	\$10.00
Greek Pasta Salad	Reg	\$7.00
Noodles, olives, parmesan, toms, cucumber & balsamic	Lg	\$10.00

Gluten Free Noodles extra

\$1.20

FRUIT:

Pineapple Hula Hoops (frozen)	\$0.50
Orange Smiley (frozen orange)	\$0.20
Fresh or Frozen Grapes (in season)	\$0.60
Fruit Seasonal (Apple, Orange, Banana)	\$1.20
Apple Slinky	\$1.60
Fruit Salad Cup	\$2.80

DRINKS:

Chocolate or Strawberry Milk poppa	\$2.70
Plain Milk poppa	\$2.70
Juice Popper	\$2.20
Bottled Water	\$2.50

SNACKS:

Popcorn	\$0.60
Pikelets	\$0.60
Cheese & Crackers	\$2.70
Lucky Dip Sweet Treat (Brownie)	\$1.10
Frozen Yoghurt (Australian Made)	\$2.80
Dixie Cup	\$1.60
Frozie (Apple, Choc, Straw)	\$0.60
Zooper Dooper	\$0.60
Snack Pie	\$3.20
Sausage Roll	\$3.20
Boiled Egg	\$1.10
Snack Pack	\$4.30
cherry toms, egg, cucumber, cheese, crackers	

MEAL DEALS

Chicken Teriyaki Rice Combo:

Chicken, veges & rice, sweet treat & poppa
\$8.00

Parents Day Off:

Jaffle, fruit & poppa
\$8.00

Freshie Happy Meal:

Cheese Burger, fruit & flavoured milk
\$9.00

The Italian Feast:

Spaghetti Bol, garlic bread & poppa
\$9.00

Helpers are always welcome

Pop in anytime 😊

Prices subject to change anytime without notice